

# Kindness is showing others they are valuable by how you treat them.

## DAY 1

## Read Ephesians 4:29

Have you ever played a game of Jenga? Here's a little secret that no one really tells you. It's impossible to play a game of Jenga WITHOUT the tower falling. Kind of a bummer when you think about it, isn't it?

God doesn't want you to wreck your relationships like a Jenga tower. God wants to help you build strong, secure relationships, especially with your family and friends. One way to do that is by choosing words—kind words—that build others up. When we show kindness with the things we say, others will listen.

If you have a Jenga game, grab several blocks—one for each family member or close friend. As you hold each one, think of one kind thing you could say to that family member or friend to build them up. Then pray and ask God to help you follow through by sharing those kind words this week.

## DAY 2

## Read Job 6:14

Has a friend disappointed you lately?

Friends sometimes do and say things that aren't very friendly, and it can make you want to NOT stay friends. But nobody's perfect. At some point, you might be the one doing or saying something unkind.

When we're kind to others, we show kindness and respect to God. Kindness matters, even when we're hurt. Even when your friends mess up, God will help you choose to be kind to the people closest to you.

### Closest Letter

Fill in the blanks below by writing the next letter of the alphabet. If you see an "A," write a "B" in the blank above it. If you see a "Z," write in an "A."

..... J H M C S N S G D

..... B K N R D R S

..... X N T

## Read Galatians 6:10

### Family Matters

In the space below, draw a picture of your family.

Families come in all shapes and sizes. Whatever your family looks like on the outside, no member of your family is perfect, including you. That doesn't give us a pass on doing good and showing kindness to the people that know us best. Today we're reminded to do good to EVERYONE—and that includes the people you live with.

Because no one is perfect, you'll need some help to get this right. Point to the people in your picture and ask God to help you show kindness to each one. If you've done something wrong that hurt someone in your family—even if it doesn't seem like that big of a deal—ask God to help you say you're sorry and make a different choice next time.

## Read I Thessalonians 5:15

Have you ever heard your parent(s) say, “two wrongs don't make a right”? Maybe your brother did something to bug you (wrong) and then you said something mean back (wrong). Guess what? Two wrongs really DON'T make a right. That's just bad math. Because wrong + wrong doesn't = right. Ever.

What if you flipped it? What if you instead of choosing to payback a wrong with a wrong, you chose KINDNESS as this verse suggests? After all, it doesn't say to only show kindness “sometimes” or “when you feel like it.” It says, “Always try to be kind to each other and everyone else.” Always.

### Kindness Math

Finish the following math equations below.

“Unkind words” + “more unkind words” =

“Unkind words” + “Kind words” =

“Kind words” + “Kind words” =

*Answerkey: Unkind words, Kind words, Kind words*

Be kind to the people  
closest to you.

