

# One Thing

*A 7-Week Study Guide*

One Thing



Lesson One

*One thing I ask  
from the Lord,  
this only do I seek:  
that I may dwell in  
the house of the Lord  
all the days of my life,  
to gaze on the  
beauty of the Lord  
and to seek him in  
his temple.*

*Psalms 27:4*

## STUDY QUESTIONS

**Play the “*One Thing to Seek*” video lesson.**

What are one or two of your favorite sermons? Why are they your favorites?

According to Joshua 1:8; Psalm 16:11; 103:2; and 119:105, what do God’s words (as proclaimed through song and sermon) do for us?

## STUDY QUESTIONS

Besides being sick or out of town, when are you most tempted to skip church?

In the lesson, the question was asked, "What are some of us missing about the presence of God that keeps us from seeking it like David talks about in Psalm 24:7?" What's your answer to this question? Why don't we have the desire to be in the presence of God like David?

## STUDY QUESTIONS

Read Hebrews 10:24-25. When it comes to Christians gathering together, what's at stake? Why does it matter? What are some potential long-term effects of not meeting consistently?

How does Acts 2:42 describe the early church's care for one another? How do you see churches exercising these practices today?

## STUDY QUESTIONS

What is one thing you can do this week to make or keep church a priority in your life?