# One Thing A 7-Week Study Guide





esson Four

I would like to learn just one thing from you:
Did you receive the Spirit by the works of the law, or by believing what you heard?

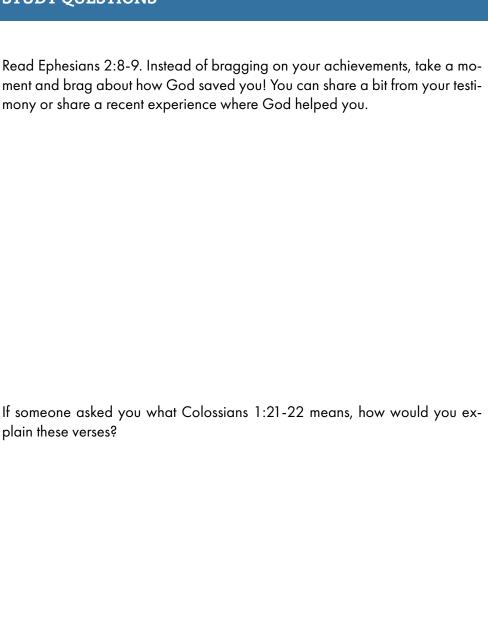
Galatians 3:2

### Play the "One Thing to Believe" video lesson.

Share about one of the following:

- Tried to help someone but made the situation or project worse.
- Gave advice that turned out to be less-than-helpful.
- Had an idea that you thought was brilliant but ended up bombing!

How do you handle failure and/or helplessness? What are your unhealthy reactions? What are some healthy ways that you deal with failure?



Why is it so challenging for Christians to trust that Jesus alone saves us?
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After reading Galatians 3:2, share with the group about how the Spirit is moving in your life.

As was shared in the lesson, spending 10-30 minutes this week doing nothing and realizing that this is how much you contribute to your salvation.