



# LESSON 3: SINGLES WHO THRIVE

## WELCOME

Answer one of the following:

- If you unexpectedly had a free day tomorrow, how would you spend it?
- What hobby would you start if you had more time each week?

## WORSHIP

Using [YouTube](#) or another platform, listen to or sing a worship song. After the song, take a few moments to pray for one another as a Life Group.

**\*\*\*Below are seven discussion questions/prompts. There's no pressure to cover every question. As a Life Group, feel free to choose the questions/prompts that you want to cover and use the rest for personal reflection and deeper study during the week. If you haven't already, watch the video lesson on Shepherd Church's [Life Groups webpage](#).**

## **WORD**

**1. Share one of your biggest takeaways from the video lesson.**

**2. In [Matthew 19:11–12](#), what does Jesus say about singleness, and how should His words reshape the way Christians view singleness?**

3. How does **1 Corinthians 7:32–35** challenge modern society's view that connects personal identity to fulfillment in romantic relationships?

4. What does Paul teach about singleness in **1 Corinthians 7:7–8**? How does it influence our understanding of singleness?

5. What does *Psalm 119:9–10* teach about the relationship between guarding sexual integrity (purity) and pursuing a deep relationship with God?

6. Read and reflect on *Psalm 16:11*. Where in your life do you need to trust God for joy instead of just waiting for circumstances to change?

7. After a moment of quiet reflection, share one way you can intentionally use your time to honor God over the next few days.

## WITNESS

As a Life Group, go to <https://www.shepherdchurch.com/go> and discuss choosing an outreach project together.

## PERSONAL REFLECTION & DEEPER STUDY FOR THIS WEEK

This section is designed to help you continue growing in your faith throughout the week by reflecting more deeply on what you explored in your Life Group. Hopefully, these prompts and questions will create space for you to listen to God, apply Scripture to your life, and take your next step in following Jesus. Whether you work through them all at once or over a longer period, our hope is that your time with God will draw you closer to Him and strengthen your walk with Jesus. And please, don't rush. Go at your own pace, and invite the Holy Spirit to guide your time.

- Review anything in the WORD section that either was not covered during your Life Group or that you want to take a deeper dive into.
- Memorize *Psalm 16:11* and/or *Psalm 119:9-10*.

- Read **1 Corinthians 7** all the way through each day this week in one sitting. You can also download the YouVersion Bible App and listen to it.
- Read **Matthew 19:1-12** and answer the following questions:
  - What do **Genesis 1:27; 2:24** contribute to Jesus' understanding of marriage in **Matthew 19:4-6**?
  - What does the phrase "one flesh" suggest about the nature of marriage beyond a legal agreement?
  - Why do you think the disciples respond by saying it might be better not to marry at all?
  - What does Jesus mean when He says singleness is given only to "those to whom it has been given"?
  - How do the three categories of eunuchs in **Matthew 19:12** help us understand different paths people may experience regarding singleness?
  - What does it look like to live single "for the sake of the kingdom of heaven" in practical terms today?
  - How does Jesus' teaching elevate singleness as a meaningful calling rather than treating it as second best?
- Read **1 Corinthians 5:1-5; 6:16-20; 7:1-9, 17-40**. Then, answer the following questions:
  - After reading all these passages together, what overall message do you see Paul giving about sexual integrity (purity)?
  - What do these verses suggest about how Christians should think about their bodies and their relationship to Christ?
  - How do these verses help you understand the purpose of singleness in the life of a Christian?
  - What similarities do you notice between Paul's teaching about marriage and his teaching about singleness?
  - How does Paul balance freedom, responsibility, and devotion to the Lord across these passages?
  - What do these passages teach about honoring God in your current relationship status?